

2019 CROSS SUMMER ACADEMY: Open Minds Change the World

WEEK 5

08/12/2019 ~ 08/16/2019

Obon Week Okutama Outdoor Camp



"Week 5 takes place during the traditional annual summer holiday period called "Obon." During this week, we'll all take a break from the city and move the Academy to a special location called Okutama, in the mountains, about one hour to the west of Tokyo. There we'll spend the week learning about the outdoors, and participating in outdoor scientific & ecological experiences. We also get to swim in the clear blue waters of the Arakawa River, and enjoy barbecues almost every night!"

Mornings

New Student Orientation
Important: Week 5 Orientation - Monday, August 5th (09:00~10:30)

Morning & Wakeup (Mon, 06:00~08:00)
 Wake up in a beautiful lodge in the forest near a mountain river. Get ready, eat breakfast, & move to Cross Okutama facility.

Morning Classes (Mon~Fri, 09:00~11:00)
 Week 5 Theme, Obon Week Okutama Outdoor Camp: *outdoor learning experiences in science, art, ecology, engineering, and crafts, and more.* through language, art, drama, crafts, technology, small group, individual activities.. Small classes (2 teachers, 15 students max) at age levels (5~7, 8~11, 12~15, & 16~18).

Outdoor Sports Programs (Mon~Fri, 11:00~12:00)
 Archery, River Rafting, Canoeing, Orienteering, River Swimming, and more.

Afternoons

Afternoon Adventure Activities (Mon~Thurs, 13:00~17:30):
Hikes, outdoor activities, , river, swimming, orienteering, rock climbing, archery, & more.

Evenings

Evening Activities (Mon, Tues, Weds, Thurs, 15:00~16:30)
 Games, stories, movies, astronomy, and more.

Departure & Return

Tokyo to Okutama: meet between 07:00~08:00 at Showa University Gates. Bus Departure: 08:30.

Checkout & Return to Tokyo (Friday, 13:00~16:30)
 Meet at Showa Women's University Gate.

Family Events

The Big House Event (Thursday, 15:00~18:00)
 Parents re invited to join us. We will join with locals youth for an afternoon of communication, sport, food, and fun.

Meals

Frequent BBQs & student-led meal preparation & cooking.
 Catering by Okutama Community Catering

Full Details



	Monday (8/12)	Tuesday (8/13)	Wednesday (8/14)	Thursday (8/15)	Friday (8/16)	Sat.	Sun.	
08:00-09:00	MEETUP Meet at location designated for departure.	MORNING & WAKEUP Wake up every morning in a beautiful lodge in the forest near a mountain river. Get ready, eat breakfast, & gather at shuttle for trip to Cross Okutama facility.						
09:00-10:00	DEPARTURE Board buses for trip to Okutama.	MORNING ACTIVITIES Cross Okutama learning center. Highlights: science, art, engineering, and crafts, and more.	MORNING ACTIVITIES Cross Okutama learning center. Highlights: science, art, engineering, and crafts, and more.	MORNING ACTIVITIES Cross Okutama learning center. Highlights: science, art, engineering, and crafts, and more.	MORNING ACTIVITIES Cross Okutama learning center. Highlights: science, art, engineering, and crafts, and more.			
10:00-11:00	ARRIVAL & ORIENTATION Arrival at Cross Academy lodge in Okutama.							
11:00-12:00	OUTDOOR SPORTS	OUTDOOR SPORTS	OUTDOOR SPORTS	OUTDOOR SPORTS	OUTDOOR SPORTS			
12:00-13:00	LUNCH Japanese Bento Style. Served in a cafeteria at the Cross Okutama Learning Center.							
13:00-15:00	AFTERNOON ADVENTURES Hikes, nature games, river swimming, orienteering, rock climbing, archery, & more.	AFTERNOON ADVENTURES Hikes, nature games, river swimming, orienteering, rock climbing, archery, & more.	AFTERNOON ADVENTURES Hikes, nature games, river swimming, orienteering, rock climbing, archery, & more.	AFTERNOON ADVENTURES Hikes, nature games, river swimming, orienteering, rock climbing, archery, & more.	CHECKOUT			
15:00-16:30					DEPARTURE Board buses for return trip to home/Tokyo.			
16:30-17:30								
17:30-18:30	DINNER Since we will be staying in lodge facilities by a beautiful river in a forest environment, dinners are generally held outdoors. Frequent BBQs and student-led meal preparation & cooking.					NEXT WEEK: Week 6 begins on Monday, once again at the Cross Showa Campus location.		
18:30-20:00	EVENING Games, stories, movies, astronomy, and more.	EVENING Games, stories, movies, astronomy, and more.	EVENING Games, stories, movies, astronomy, and more.	THE BIG HOUSE SHOW FAMILY EVENT #8				
20:00-21:30	FREE TIME Quiet time.	FREE TIME Quiet time.	FREE TIME Quiet time.					
21:30-23:00	BEDTIME Kids: 9:30 Teens: 11:00	BEDTIME Kids: 9:30 Teens: 11:00	BEDTIME Kids: 9:30 Teens: 11:00	BEDTIME Kids: 9:30 Teens: 11:00				

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 22-3-402 Ichibancho, Chiyoda-ku, Tokyo-to 102-0082
 Tel: +81-3-4285-7724 Email: basecamp@cross.education